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**TAEKWON-DO**  
**SWISS  
OPEN**



**14. DEZEMBER 2024**

Mehrzweckhalle,  
Seefeldstrasse 8,  
8155 Niederhasli

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## Invitation to the 11th Taekwon-do Swiss Open Championship on the 14 December 2024

Dear martial arts friends

Taekwon-do International Switzerland is organising the official 11th Taekwon-do Swiss Open Championship in Niederhasli, Zurich. Taekwon-do International is inviting respected schools from Switzerland and Europe. Around 300 competitors from European nations are expected to take part in this event.

The Swiss Open Championship will take place on Saturday, 14 December 2024 in Niederhasli, Zurich. Niederhasli is about 15 minutes by car from Zurich Airport.

The following disciplines will be organized:

- Fight
- Patterns
- Breaking test
- Tagteam
- Team Patterns
- Speedkicking for children

A qualified panel of referees ensures that the competitions are judged fairly.

All Taekwon-do schools are welcome to participate in this championship! We look forward to welcoming you to our event.

You can find more details about the event below.

Sporting greetings

Renato Marni  
President Switzerland  
*7th Dan*

Matthias Hoppler  
President Winterthur  
*4th Dan*

Michael Marni  
Vice President Winterthur  
*3rd Dan*



Attachments:

Information and tournament conditions

Competition rules

Registration form incl. referee registration form

Accommodation and hotels

Agenda

Terms of payment

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## 1 Journey

### By airplane

*Zurich Airport (Switzerland)*

20 km to Niederhasli

[www.swiss.ch](http://www.swiss.ch)

*Airport Basel (Switzerland)*

95 km to Niederhasli

[www.easyjet.ch](http://www.easyjet.ch)

[www.swiss.ch](http://www.swiss.ch)

[www.ryanair.ch](http://www.ryanair.ch)

*Friedrichshafen Airport (Germany)*

125 km to Niederhasli

[www.ryanair.com](http://www.ryanair.com)

[www.lufthansa.de](http://www.lufthansa.de)

### By train

See under [www.sbb.ch](http://www.sbb.ch)



### By car from Zurich

See under

[www.maps.app.goo.gl/Gd8EZmxzgon9mV8t9](https://www.maps.app.goo.gl/Gd8EZmxzgon9mV8t9)



## 2 Hotels

Ibis



Holiday



B&B



### 3 Agenda

The Taekwon-do Swiss Open Championship will take place in the sports hall at Seefeldstrasse 8, 8155 Niederhasli.

08.00 am	Door opening
09.00 am	Short opening ceremony
09.15 am	Categories black belts Patterns and Fight
10.15 am	Categories children (up to 17 years)
12.00 pm	Categories adults (from 18 years)
17.00 pm	End of the competitions
21.00 pm	After Sparring Party: cozy get-together

The times and schedule can be adjusted depending on the number of registrations. Ensure you allow enough time and check the main referee table or the scoreboards.

## 4 Tournament conditions

### 4.1 Eligibility to participate

All martial artists from 8th Kup (yellow belt) or equivalent graduation of all systems and associations.

### 4.2 Tul/Hyong/Patterns

At least 5 starters per category, otherwise division into the next higher discipline.

### 4.3 Fight

At least 5 persons per category, otherwise they will be assigned to the next higher weight class or, in the case of the highest class, to the next lower weight class.

### 4.4 Belt groups

**A: YELLOW**

**B: GREEN**

**C: BLUE**

**D: RED**

**E: ALL BLACK BELTS**

### 4.5 Age groups

children	up to the age of 17
Adults	from the age of 18
Veterans	from the age of 40

### 4.6 Competition rules

According to the Taekwon-do International regulations, see <https://www.taekwon-do.ch/app/download/19732620625/WettkampfregeIn2023.pdf?t=1701778453>

### 4.7 Awards and honours

1st to 3rd place per category.

The trophy or medal presentation takes place directly after each completed category at the winners' podium.

### 4.8 Registration

Send the enclosed registration form to the following address or e-mail address:

Renato Marni, Aelastrasse 5, CH-7260 Davos Dorf

E-mail: [luescher73@yahoo.com](mailto:luescher73@yahoo.com)

**Application deadline: 01.12.2024**

**Attention:** We ask the responsible trainer to sign the [Fehler! Verweisquelle konnte nicht gefunden werden.](#) and confirm it with his signature. The original must be handed to the organizing committee on 14.12.24.

**May I ask you to bring one national flag each!**

## 4.9 Entry fee

Per category entry (1 category) CHF/EUR 35.00

Each additional category CHF/EUR 30.00

**Starter pack:**

**CHF/ EUR 75.00 for 3 entries (categories)**

**CHF/ EUR 90.00 for 4 entries (categories)**

**Team fight and patterns CHF/EUR 40.00 per team and category**

Use the following bank details for the payment:

**Bank** Raiffeisenbank Prättigau-Davos, Promenade 57,  
CH-7270 Davos Platz, Switzerland

**IBAN no.** CH81 8080 8009 1533 1392 1

**Swift code** RAIFCH22

**Account holder** Taekwon-do International Switzerland, CH-7260 Davos Dorf

**Please have the payment receipt ready on the day of the tournament so that any uncertainties can be clarified immediately!**

## 4.10 Referee

At least one experienced referee must be provided per club registration. If there are more than ten starters per club, we expect several nominations. Please state the names of the referees on the registration form. Referees will receive one lunch per day and mineral water free of charge. If a club is unable to provide a referee, it must pay a replacement fee of CHF 60.00.

Our panel of referees is as follows:

- Efisio Prasciolu, 8th Dan
- Renato Marni, 7th Dan
- Shahidi Alireza 7th Dan
- Jürgen Graf, 6th Dan
- Fadri Erni, 5th Dan
- Matthias Hoppler, 4th Dan
- Michael Marni, 3rd Dan
- Bane Petrovic, 2nd Dan

## 5 Categories

### Belt groups:

**A: YELLOW**

**B: GREEN**

**C: BLUE**

**D: RED**

**E: ALL BLACK BELTS**

### Age categories:

Children - 17

Adults 18+

Veterans 40+

### 5.1 Fight

#### 5.1.1 Category Point Stop/Semi-Contact Children + Teenagers

<b>Specify style in the registration form!</b>				
<b>TI, ITF, WTF</b>				
<b>Code number</b>	<b>Category</b>	<b>Gender</b>	<b>Size in cm</b>	<b>Belt group</b>
1	Children	Male	- 137 cm	A
2	Children	Male	- 137 cm	B
3	Children	Male	- 137 cm	C
4	Children	Male	- 137 cm	D
5	Children	Male	- 137 cm	E
6	Children	Male	- 152 cm	A
7	Children	Male	- 152 cm	B
8	Children	Male	- 152 cm	C
9	Children	Male	- 152 cm	D
10	Children	Male	- 152 cm	E
11	Children	Male	- 168 cm	A
12	Children	Male	- 168 cm	B
13	Children	Male	- 168 cm	C
14	Children	Male	- 168 cm	D
15	Children	Male	- 168 cm	E
16	Children	Male	+ 168 cm	A
17	Children	Male	+168 cm	B
18	Children	Male	+ 168 cm	C
19	Children	Male	+ 168 cm	D
20	Children	Male	+168 cm	E
21	Children	Female	- 137 cm	A
22	Children	Female	- 137 cm	B
23	Children	Female	- 137 cm	C
24	Children	Female	- 137 cm	D
25	Children	Female	- 137 cm	E
26	Children	Female	- 152 cm	A
27	Children	Female	- 152 cm	B
28	Children	Female	- 152 cm	C
29	Children	Female	- 152 cm	D



30	Children	Female	- 152 cm	E
31	Children	Female	- 168 cm	A
32	Children	Female	- 168 cm	B
33	Children	Female	- 168 cm	C
34	Children	Female	- 168 cm	D
35	Children	Female	- 168 cm	E
36	Children	Female	+ 168 cm	A
37	Children	Female	+168 cm	B
38	Children	Female	+168 cm	C
39	Children	Female	+ 168 cm	D
40	Children	Female	+168 cm	E

### 5.1.2 Category Point Stop/Semi-Contact adult colour belts

Code number	Category	Gender	Weight category	Belt group
50	Adults	Male	- 64 kg	A
51	Adults	Male	- 64 kg	B
52	Adults	Male	- 64 kg	C
53	Adults	Male	- 64 kg	D
54	Adults	Male	- 72kg	A
55	Adults	Male	- 72kg	B
56	Adults	Male	- 72kg	C
57	Adults	Male	- 72kg	D
58	Adults	Male	- 80kg	A
59	Adults	Male	- 80kg	B
60	Adults	Male	- 80kg	C
61	Adults	Male	- 80kg	D
62	Adults	Male	+80 kg	A
63	Adults	Male	+ 80 kg	B
64	Adults	Male	+80 kg	C
65	Adults	Male	+ 80 kg	D
66	Adults	Female	- 55 kg	A
67	Adults	Female	- 55 kg	B
68	Adults	Female	- 55 kg	C
69	Adults	Female	- 55 kg	D
70	Adults	Female	- 61kg	A
71	Adults	Female	- 61kg	B
72	Adults	Female	- 61kg	C
73	Adults	Female	- 61kg	D
74	Adults	Female	- 67kg	A
75	Adults	Female	- 67kg	B
76	Adults	Female	- 67kg	C
77	Adults	Female	- 67kg	D
78	Adults	Female	+ 67 kg	A
79	Adults	Female	+ 67 kg	B
80	Adults	Female	+ 67 kg	C
81	Adults	Female	+ 67 kg	D
82	Veterans	Male	40+	A/B
83	Veterans	Female	40+	A/B
84	Veterans	Male	40+	C/D
85	Veterans	Female	40+	C/D

### 5.1.3 Category Point Stop/Semi-Contact adult black belts

Code number	Category	Gender	Weight category	Belt group
100	Adults	Male	- 58 kg	E
101	Adults	Male	- 64kg	E
102	Adults	Male	- 70kg	E
103	Adults	Male	- 76kg	E
104	Adults	Male	- 82kg	E
105	Adults	Male	+ 82 kg	E
106	Adults	Female	- 55 kg	E
107	Adults	Female	- 61kg	E
108	Adults	Female	- 67 kg	E
109	Adults	Female	+67 kg	E
110	Veterans	Male	- 76 kg	E
111	Veterans	Male	+ 76 kg	E
112	Veterans	Female	- 61 kg	E
113	Veterans	Female	+ 61 kg	E

### 5.1.4 Category Running Time adults blue to black belts

Code number	Category	Gender	Weight category	Belt group
300	Adults	Male	-70kg	C/D/E
301	Adults	Male	-80kg	C/D/E
302	Adults	Male	+ 80kg	C/D/E
303	Adults	Female	- 60 kg	C/D/E
304	Adults	Female	- 70kg	C/D/E
305	Adults	Female	+ 70 kg	C/D/E

## 5.2 Patterns

tae = Taekwon-do

Code number	Category	Gender	Age	Belt group	Weight/size	Style
400	Children	Mix	up to 8	A/B/C/D/E	Open	tae
402	Children	Mix	9-11	A/B/C/D/E	Open	tae
404	Children	Mix	12-14	A/B/C/D/E	Open	tae
406	Children	Male	15-17	A/B/C/D	Open	tae
407	Children	Male	15-17	E	Open	tae
408	Children	Female	15-17	A/B/C/D	Open	tae
409	Children	Female	15-17	E	Open	tae
410	Adults	Male	18-39	A/B/C/D	Open	tae
411	Adults	Male	18-39	1st Dan	Open	tae
412	Adults	Male	18-39	2nd Dan	Open	tae
413	Adults	Male	18-39	3rd Dan	Open	tae
414	Adults	Female	18-39	A/B/C/D	Open	tae
415	Adults	Female	18-39	1st Dan	Open	tae
416	Adults	Female	18-39	2nd Dan	Open	tae
417	Adults	Female	18-39	3rd Dan	Open	tae
418	Veterans	Male	40 +	A/B/C/D	Open	tae
419	Veterans	Female	40 +	A/B/C/D	Open	tae
420	Veterans	Male	40 +	1st + 2nd Dan	Open	Tae
421	Veterans	Female	40 +	1st + 2nd Dan	Open	tae
422	Veterans	Male	40 +	from 3rd Dan	Open	tae
423	Veterans	Female	40 +	from 3rd Dan	Open	tae

## 5.3 Breaking test

### 5.3.1 Individual breaking test hand techniques

Hand techniques for black belts only

K = Knifehand strike

Material plastic boards

RK = Reversed knifehand strike

Material plastic boards

Code number	Category	Gender	Age	Belt group	Weight	Type of break test
450	Adults + Veterans	Male	from 18	E	-75kg	K
451	Adults + Veterans	Male	from 18	E	+76kg	K
452	Adults + Veterans	Male	from 18	E	-75kg	RK
453	Adults + Veterans	Male	from 18	E	+76kg	RK
454	Adults + Veterans	Female	from 18	E	-58kg	K
455	Adults + Veterans	Female	from 18	E	+59kg	K
456	Adults + Veterans	Female	from 18	E	-58kg	RK
457	Adults + Veterans	Female	from 18	E	+59kg	RK

### 5.3.2 Customized breakage test techniques kicks

Foot techniques green-black belts

SK = Sidekick

material plastic boards

TK = Spinning back kick 180°

material plastic boards

Code number	Category	Gender	Age	Belt group	Weight	Type of break test
460	Adults + Veterans	Male	from 18	A/B/C/D/E	-75	SK
461	Adults + Veterans	Male	from 18	A/B/C/D/E	+76	SK
462	Adults + Veterans	Male	from 18	A/B/C/D/E	-75	TK
463	Adults + Veterans	Male	from 18	A/B/C/D/E	+76	TK
464	Adults + Veterans	Female	from 18	A/B/C/D/E	-58	SK
465	Adults + Veterans	Female	from 18	A/B/C/D/E	+59	SK
466	Adults + Veterans	Female	from 18	A/B/C/D/E	-58	TK
467	Adults + Veterans	Female	from 18	A/B/C/D/E	+59	TK

### 5.3.3 Customized breaking test techniques "flying kicks"

Jumped foot techniques

FSK = flying spinning back kick 180°

Material plastic boards

FBK = flying spinning kick 360°

Material plastic boards

Code number	Category	Gender	Age	Belt group	Weight/size	Type of break test
470	Adults + Veterans	Male	from 18	E	Open	FSK
471	Adults + Veterans	Male	from 18	E	Open	FBK
472	Adults + Veterans	Female	from 18	E	Open	FSK
473	Adults + Veterans	Female	from 18	E	Open	FBK

### 5.4 Speedkick

Code number	Category	Gender	Age	Belt group	Weight/size
474	Children	Mix	-8	A/B/C/D/E	Open
475	Children	Mix	-11	A/B/C/D/E	Open
476	Children	Mix	-14	A/B/C/D/E	Open

## 5.5 Team categories

**Please register and pay for all team categories on site!**

### 5.5.1 Tagteam fight

**3 fighters per team**

Point Stop

Code number	Category	Gender	Size	Belt group
500	Children	Male	-152 cm	A/B
501	Children	Male	+152 cm	A/B
502	Children	Male	-152 cm	C/D
503	Children	Male	+152 cm	C/D
504	Children	Male	-152 cm	E
505	Children	Male	+152 cm	E
506	Children	Female	-152 cm	A/B
507	Children	Female	+152 cm	A/B
508	Children	Female	-152 cm	C/D
509	Children	Female	+152 cm	C/D
510	Children	Female	-152 cm	E
511	Children	Female	+152 cm	E
512	Adults	Male	Open	A/B
513	Adults	Male	Open	C/D
514	Adults	Male	Open	E
515	Adults	Female	Open	A/B
516	Adults	Female	Open	C/D
517	Adults	Female	Open	E

## 5.5.2 Team patterns

### Minimum 3 starters per team

Code number	Category	Gender	Age	Belt group
522	Children	Male	up to 12 years	A/B/C/D
523	Children	Male	up to 12 years	E
524	Children	Male	from 13-17 years	A/B/C/D
525	Children	Male	from 13-17 years	E
526	Children	Female	up to 12 years	A/B/C/D
527	Children	Female	up to 12 years	E
528	Children	Female	from 13-17 years	A/B/C/D
529	Children	Female	from 13-17 years	E
530	Adults	Male	from 18 years	A/B/C/D
531	Adults	Male	from 18 years	1st Dan
532	Adults	Male	from 18 years	2.Dan
533	Adults	Male	from 18 years	3.Dan
534	Adults	Female	from 18 years	A/B/C/D
535	Adults	Female	from 18 years	1st Dan
536	Adults	Female	from 18 years	2nd Dan
537	Adults	Female	from 18 years	3rd Dan
538	Veterans	Male	from 40 years	A/B/C/D
539	Veterans	Male	from 40 years	1st Dan
540	Veterans	Male	from 40 years	2nd Dan
541	Veterans	Male	from 40 years	3rd Dan
542	Veterans	Female	from 40 years	A/B/C/D
543	Veterans	Female	from 40 years	1st Dan
544	Veterans	Female	from 40 years	2nd Dan
545	Veterans	Female	from 40 years	3rd Dan



Renato Marni  
7th Dan President Taekwon-do Switzerland  
Aelastrasse 5  
CH-7260 Davos Dorf

[www.taekwon-do.ch](http://www.taekwon-do.ch)  
[taekwondo.switzerland@bluewin.ch](mailto:taekwondo.switzerland@bluewin.ch)  
Phone: +41 79 623 23 11

## 6 Contact

Renato Marni, 7th Dan  
President Taekwon-do Davos  
Aelastrasse 5, 7260 Davos Dorf  
Email: [taekwondo.switzerland@bluewin.ch](mailto:taekwondo.switzerland@bluewin.ch)

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